

# Training Announcement

## Live on the Internet:

### Online Training Courses for Foster/Adoptive Parents

#### Summer 2019

With online training, participating foster/adoptive parents receive instruction when convenient, through their home or office computers. These online trainings provide many of the key benefits of traditional face-to-face instruction. In the virtual classroom online, participants can listen to and speak with a live trainer, electronically “raise their hands,” and pose questions to the trainer or other participants. Text chat and other feedback tools are also available.

#### ***What do I need to participate?***

To participate in online trainings, interested parties must have

- a computer with Internet Explorer II, Chrome, or Edge Internet browser
- a computer or tablet with high-speed Internet access
- a headset with microphone (or computer speakers and a microphone)
- *WebEx* (provided free to registered participants)

#### ***What kinds of training are offered?***

Because online courses have been so well received, there are a variety of classes being offered. Most trainings are offered at least once during the day and once in the evening. The schedule of available times and dates for each training, along with course descriptions, is included in this catalog.

#### ***How do I register?***

Registering online is quick and simple. For more information or additional resources, or to register for training, visit:

<http://www.hslcnys.org/fosterparenttraining/>

It is important to note that when two or more people use the same computer to register for training online, *each must use a separate email address*. (Additional email addresses are available free from most Internet providers and through [Gmail](http://www.google.com/gmail) ([www.google.com/gmail](http://www.google.com/gmail)), [Outlook](http://www.outlook.com) ([www.outlook.com](http://www.outlook.com)), or [Yahoo](http://www.yahoo.com) ([www.yahoo.com](http://www.yahoo.com)).

### ***How will I know when I am registered?***

Upon registering, participants will receive an email confirming the title and date of their training, along with instructions on how to join the session.

### ***How will I get my training materials?***

Training materials are available for download at:

<http://www.hslcnys.org/fosterparenttraining/>

### ***Is there a training cancellation policy?***

Yes—and participants should keep in mind:

- If training is canceled, OCFS will notify affected participants via email through the primary contact persons. Every effort is made to offer all trainings as they appear in our training calendar, but we reserve the right to cancel any training for which there is insufficient enrollment.
- If a prospective participant must withdraw from a training after registering, he or she should notify Registration Services by email as soon as possible, at [CWregistration@ocfs.ny.gov](mailto:CWregistration@ocfs.ny.gov), or cancel registration by phone, at 716-398-5399, between 8:00 a.m. and 4:00 p.m. Except for in emergencies, cancellations should be made at least three business days before the scheduled training.

### ***What if I have questions?***

Participants can find answers and access technical support by contacting the OCFS *WebEx* technical-support staff, toll-free, at **1-800-810-1349**. Help is available any time before a training. Our technical-support staff will be happy to assist with the setup and testing of headsets, microphones, and speakers and to answer technical questions.

### ***What do I have to do to get credit for attending an online training?***

Participants must access and enter the *online* virtual classroom within the first 30 minutes of a training session. Those who *do not* will receive no credit for attending.

### ***Will I get a certificate after I complete an online training?***

Once participants have met all training requirements, they will receive, via email, a *Certificate of Completion*. (***Please allow 2-3 business days after completion of training for the certificate to be issued.***) Those who do not receive a *Certificate of Completion* or who lose it can contact Registration Services at [CWregistration@ocfs.ny.gov](mailto:CWregistration@ocfs.ny.gov) to request a duplicate.

The person designated as a participant's agency or LCDSS primary contact will receive a copy of that participant's *Certificate of Completion*. The contact person is usually the training coordinator for a participant's agency. Participants who are unsure whose name to enter should call their agencies and ask.



## Creating Sibling Harmony

**Instructor: Helen Shin**

Based on the bestselling book *Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too*, by Adele Faber and Elaine Mazlish, this training will challenge the idea that constant, unpleasant conflict among siblings is natural and unavoidable. Participants will learn how to avoid such explosive situations as comparing, assigning roles, or taking sides and how to instead promote cooperation with practical and easy-to-use techniques.

## Proactive Responses to Stealing

**Instructor: Heather Dominguez**

Foster parents who attend this two-hour training will be able to clarify their values regarding stealing and identify some of the reasons that children may steal. Through practice simulations, participants will learn how to develop strategies for addressing the causes of a child's compulsion to steal and how to respond appropriately when stealing occurs.

## When Children Move: The Foster Parents' Loss Experience

**Instructor: Heather Dominguez**

Having a child in foster care transition out of the home can trigger stages of grief and loss in foster parents and children remaining in the home. This workshop will enable foster parents to better anticipate, identify, and cope with their feelings and make a plan to take care of themselves and their family members.

## Keeping Your Family Safe

### **Instructor: Jennifer Otten**

Foster parents who attend this two-hour training will be able to identify child abuse and maltreatment-allegation issues and recognize how they can be exposed to these allegations. Participants will be able to identify tools and skills that build and maintain a safe environment in their homes. Participants will assess their own defensive-parenting skills.

## Managing My Anger

### **Instructor: Jennifer Otten**

As a result of attending this two-hour training, foster parents will be able to identify behaviors in others that make them angry. Participants will be able to identify underlying conditions that can result in angry behaviors and list appropriate ways to express anger. Foster parent participants will practice using appropriate methods to express their own angry feelings.

#### **Acknowledgment**

This material was developed under a training and administrative-services agreement with the New York State Office of Children and Family Services.

#### **Disclaimer**

While every effort has been made to provide accurate and complete information, the Office of Children and Family Services and the State of New York assume no responsibility for any errors or omissions in the information provided herein and make no representations or warranties about the suitability of the information contained here for any purpose. All information and documents are provided "as is," without a warranty of any kind.